
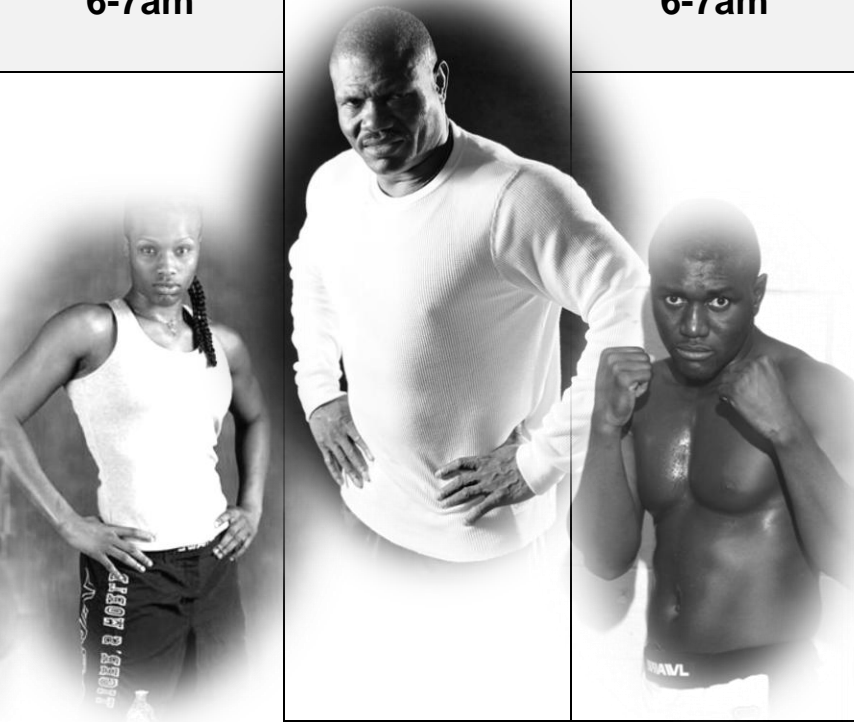

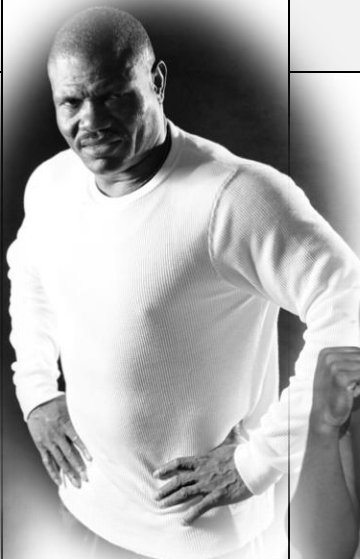



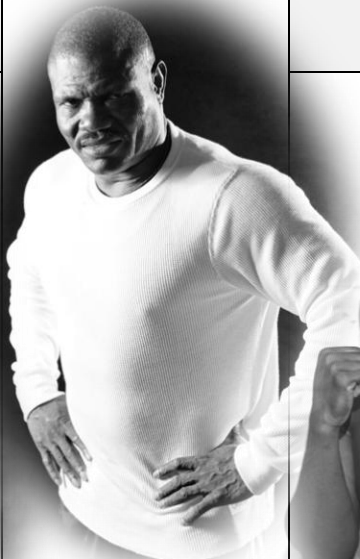





# Tiger's World of Martial Arts

## Weekly Class Schedule

	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
6:00am		<b>Cardio Class</b> 6-7am		<b>Cardio Class</b> 6-7am	<b>Challenge</b> 6:00am	<b>Challenge</b> 6:00am
7:00am						
8:00am						
9:00am	<b>Cardio Class</b> 9-10am				<b>Cardio Class</b> 9-10am	<b>Cardio Class</b> 9-10am
10:00am						
11:00am						<b>MMA Class</b> 12:00 – 1:30
12:00pm						
1:00pm						
2:00pm						
3:00pm						
4:00pm	<b>Cardio Class</b> 5:30 – 6:15pm 6:30 – 7:30pm	<b>Challenge</b> 6:00pm	<b>Cardio Class</b> 5:30 – 6:15pm 6:30 – 7:30pm	<b>Cardio Class</b> 5:30 – 6:15pm 6:30 – 7:30pm		
5:00pm						
6:00pm						
7:00pm	<b>MMA Class</b> 7:30-8:30pm	<b>MMA Class</b> 7:30-8:30pm		<b>MMA Class</b> 7:30-8:30pm		
8:00pm						
9:00pm	<b>MMA Class</b> 7:30-8:30pm	<b>MMA Class</b> 7:30-8:30pm		<b>MMA Class</b> 7:30-8:30pm		